



# FEBRUARY 2019 ONCJC NEWSLETTER

Our Website: [www.oncjc.org](http://www.oncjc.org)

## Contact Emails

Club Information	<a href="mailto:info@ONCJC.org">info@ONCJC.org</a>	Newsletter Editor	<a href="mailto:newsletter@ONCJC.org">newsletter@ONCJC.org</a>
Dance Lessons	<a href="mailto:lessons@ONCJC.org">lessons@ONCJC.org</a>	Website	<a href="mailto:webmaster@ONCJC.org">webmaster@ONCJC.org</a>

Happy New Year to all ONCJC Members

I wrote this article several years ago pointing out what I thought it meant to be a new member and how frightening that can be. Little did I know that someday I would be the one to be frightened as I step into the role of your President. So, as I said, these are real emotions not just mere words. I hope that you will help me calm my fears in my journey as your President.

I hope you all read this letter because I am going to start hiding a mystery word in the newsletter each month. If you say the mystery word to the door greeters on **Birthday Cake Night**, you will get a ticket that will be entered into a drawing. One lucky member will win a prize just for reading the newsletter. Our newsletter is the best newsletter throughout the ABA Clubs and we have Maria Mayo to thank for that. So, each month read the newsletter and look for the mystery word to win a small prize.

### What it means to be new!

Intimidating – Frightening, – Frustrating!

While these are mere words, they are real feelings for a new member of ONCJC, especially if they are also new to dancing. If you can, remember back to when you were a new member.

If you were already a dancer looking for a place to kick up your heels, you fit right in and the intimidation and frustration was less frightening. The only thing you had to do was make new friends and since you were a dancer that was easier.

If you were not a dancer, but a person that mingles well and makes new friends easy, the transition was smoother and all you had to do was learn to dance.

If you were not a dancer and a person that is intimidated with a roomful of dancers that to you looked like the dancers you saw on “Dancing with the Stars” last night, your fears seemed huge.

Well let me calm your fears. Those dancers you saw, were once beginners just like you. Intimidated, and frustrated and thinking they will never learn to dance. But just like they did, you must continue to dance and have fun and you too will become a dancer and a seasoned member of the Club.

Now a word to our seasoned, valued members. Please be gentle with our new members and dance only to their comfort level. Gentlemen, taking a new dancer onto the dance floor and showing off all the wonderful moves you know only deepens their frustration because they have no idea what you are doing. Use only beginner moves and please refrain from attempting to teach new members on the dance floor. Remember, we are all here to have fun.

*John Inks*

## SPLINTERS FROM THE BOARD

January 9, 2019

1. An indentation on the dance floor to the right of the Deejay area was noticed by the Quirk employees. This mark was brought to our attention, not to blame us, but to encourage us to be aware of how we handle our music equipment on set up and take down.
2. Plans for the upcoming Soup Cook-off was presented by Ruth McGraw, Chairwoman.
3. Possible venues for our Specialty Dances, especially the 2019 Christmas Dance were discussed. More information to be obtained and discussed at the February Executive Board Meeting.



## DJ Schedule

Schedule is subject to change due to additional DJ'S & vacations

ONCJC DJs – Ed, Mary, Jerry, Lou, Roy, Dave

Feb		Mar	
6	MARY F./DAVE W.	6	MARY F./DAVE W.
13	ED C./LOU C.	13	ED C./LOU C.
20	DAVE W./MARY F.	20	DAVE W./MARY F.
27	LOU C./ED C	27	LOU C./ED C

## DOOR GREETERS



February 6	Linda Thomas and Paul Jewel
February 13	Dave Kennedy and ??
February 20	Eric Johnson and Lori Koehler
February 27	Debbie Graybeal and Ed Uhlir



## 2019 Board Members

Delbert Stewart, Bob Poulson,  
Cheryl Minnich, Jeff Pifer,  
Ruth McGraw, Maria Mago,  
Bennie Rock, Carol Kyle, John Inks

## CLUB APPAREL AVAILABLE ON LINE

Control and click on the following link: [www.embroideryondemand.com/ohio-north-coast-jitterbug](http://www.embroideryondemand.com/ohio-north-coast-jitterbug)

Select an area and start shopping. The ordering format is easy to follow. Items shipped directly to you.

Several men and women shirt styles. Sizes XS through 4XL. Men's tall available in select shirts. Sizing charts listed where available. Caps, totes, shoe bags, jackets and other items also available.

All items embroidered with ONCJC red, white and blue club logo. Club Logo will be embroidered on left side of shirt. Larger version of ONCJC logo available for back of jackets and certain shirts.

Items are non-refundable once logo is applied. Any questions can be directed to Sharon at 636-343-5309.

**ALL SALES FINAL!**

### FEBRUARY DANCE LESSONS

Date	Main Floor Lessons 7:00-7:30 pm		Third Floor/Room 315 7:00 pm to 7:45 pm	Line Dances
6	Cha-Cha	John H.	<b>Beginner Lessons</b>	Fireball – Cab Driver
13	Cha-Cha	John H.	<b>Beginner Lessons</b>	I'm Alive - Barn Dance
20	Hustle	Vern and Mary	<b>Beginner Lessons</b>	Cruisin' – Little Red Book
27	Hustle	Vern and Mary	<b>Beginner Lessons</b>	Ms. Jody's Thang – Old Bones



### West Coast Swing Month

#### “March”

You asked, we listened. We have the following opportunity at ONCJC.

In March we are privileged to have Kyle Simon back to teach a West Coast Swing Intensive. What is an intensive you might wonder?

Well the dictionary describes intense as: **“concentrated on a single area for a short time”**

The idea is for these talented dancers to provide you detailed instructions of West Coast Swing. In other words, they will be teaching you how to West Coast Swing rather than how to do a move.

The 4-week session will begin at 6:45 each week for 45 minutes. This is a great opportunity for you to improve your WCS, or for you to start from the ground up. Do you have a friend that would be interested, invite them?

**Please show your respect for these instructors and arrive on time.**

Dance Chairman

*Penny and John*

2/1/2019



## Creating your own version of WCS

West Coast Swing is one of the most open-ended dances in existence. If you watch a floor of professional ballroom dancers, you will see a dozen couples striving towards a shared ideal of what the dance should look like. In west coast, it's virtually the opposite: every professional has their own style, and the magic of the dance is how the pros combine their styles within the partnership to embody something unique and yet still recognizable as swing.

### WCS has lots of freedom.

As you watch WCS you'll find that there are different versions. Dancers across the world have taken this dance to new and exciting places. The freedom to interpret the dance is not restricted to the professional ranks. Everyone who dances West Coast Swing is — consciously or not — making a statement about how they visualize west coast swing. Being deliberate about those statements is the key to developing your own style. This article and the following drill aims to help you do just that.

### How to make this dance your own!

This drill is a mental exercise to think about what the key principles of WCS are *to you*.

Sit down with a piece of paper and ask yourself, "If I were teaching WCS from scratch, what would be important? What are the fundamentals I would emphasize?"

The start of your list will probably seem formulaic: triple steps, anchors, and basic patterns. Push yourself to keep going. Are more patterns important? Anchor variations? Connection? Musicality? Lead-follow syncopation? Styling?

And keep drilling down within this list: if you chose musicality, what elements of musicality? Where should someone start in learning musicality? When is it okay for musicality to override basic rhythms — or is it never okay?

### Once you have your list.

Once you have your answers, go back to your own dancing. You could watch a video of yourself dancing, or simply pay attention when you go out social dancing. What elements of your dancing are consistent with the interpretation of WCS that you developed? Are there elements of your dancing that don't match the interpretation you worked out?

When you find elements that don't match, ask yourself whether you should revise your interpretation or whether that's an area for improving your dancing in order to more closely match your interpretation.

### Continuing your evolution.

The point of this exercise is to clarify what you think is important to west coast swing and to bring your dancing into harmony with this viewpoint. To continue your evolution, come back to this activity on a regular basis (two or four times a year) and ask yourself how your interpretation has evolved. Hopefully you are continuing to improve in your dancing, and as you improve your understanding of what is important should develop as well. You'll be well on your way to creating a West Coast Swing that is all your own!

Good artists copy, great artists steal.

Pablo Picasso

### Want to steal some of my ideas?

Each week I send out a great 'WCS Move of the Week' (Ok, sometimes its every 2 weeks if I'm lazy) I invite you to steal some of my ideas, patterns and techniques and incorporate them in to your own version of West Coast Swing. Best of luck in making your version of WCS!

All my best, Brian B

[Brian@westcoastswingonline.com](mailto:Brian@westcoastswingonline.com)

## ***FEBRUARY BIRTHDAYS***

<b>3</b>	Steven C
<b>3</b>	Barbara L
<b>3</b>	Christopher A. R
<b>4</b>	Dennis L
<b>9</b>	Danny C
<b>10</b>	RoseMarie S
<b>11</b>	Lou C
<b>11</b>	Bruce E. W

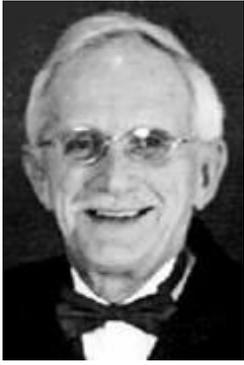


<b>16</b>	Chett W
<b>17</b>	Mark O
<b>19</b>	Paul R. J
<b>20</b>	Ed C
<b>21</b>	Linda D
<b>22</b>	Ruth M
<b>25</b>	Janie L
<b>26</b>	Rick H

### 2019 ONCJC ACTIVITY SCHEDULE

DATE	ACTIVITY	CHAIRPERSON	
<b>Feb 5</b>	<b>Board Meeting</b>		
<b>Feb 13</b>	<b>Valentines/Cake</b>	<b>Zanna Feitler</b>	
<b>March 6</b>	<b>Board Meeting</b>		
<b>March 13</b>	<b>St Patrick's Day/Cake</b>		
<b>April 3</b>	<b>Board Meeting</b>		
<b>April 10</b>	<b>General Membership Meeting</b>		
<b>April 17</b>	<b>Home Opener</b>	<b>Mary and Jim Peticca</b>	
<b>April 27</b>	<b>Spring Dance</b>	<b>Maria and Steve Mayo</b>	<b>Silver Springs Lodge</b>
<b>May 1</b>	<b>Board Meeting</b>		
<b>May 22</b>	<b>Memorial Day Commemoration Pie Baking Contest</b>	<b>"Mystery word – Queen"</b>	
<b>June 5</b>	<b>Board Meeting</b>		
<b>June 19</b>	<b>Charity Event</b>	<b>Mary Friberg</b>	
<b>July 10</b>	<b>Board Meeting</b>		
<b>July 17</b>	<b>General Membership Meeting</b>		
<b>July 17</b>	<b>Ice Cream Social</b>	<b>Ed Cetrone and Madison Edge</b>	
<b>Aug 7</b>	<b>Board Meeting</b>		
<b>Aug 10</b>	<b>Workshop with Mid-Ohio</b>		
<b>Aug 29</b>	<b>Tailgate</b>		
<b>Sept 4</b>	<b>Board Meeting</b>		
<b>Sept 27</b>	<b>Fall Dance</b>		<b>Silver Springs Lodge</b>
<b>Oct 2</b>	<b>Board Meeting</b>		
<b>Oct 16</b>	<b>General Membership Meeting</b>		
<b>Oct 30</b>	<b>Halloween</b>	<b>Judie Connor</b>	
<b>Nov 6</b>	<b>Board Meeting</b>		
<b>Nov 6</b>	<b>Veteran's Salute</b>		
<b>Dec 4</b>	<b>Elections</b>		
<b>Dec 14</b>	<b>Christmas Dance</b>	<b>Ruth McGraw/Wendy Figliola</b>	

\*\*\* 2<sup>nd</sup> Wednesday of each month is BIRTHDAY CAKE & CLUB SHIRT NIGHT



## John "Jack" F. Lavis Sr.

John F. Lavis, Sr. (Jack), 77, of Canal Fulton passed away unexpectedly on January 20, 2019. Born on December 12th, 1941 to the late Fred and Leita Lavis of Sophia, West Virginia. Jack served four years in the U.S. Army and was employed by Brilex.

He enjoyed all types of dance and taught East Coast Swing, he was an avid golfer, and loved going on golf trips and outings with his son. He spent a great deal of time with his family and took pleasure in attending his grandchildren's activities.

### REMEMBERING JACK

Jack was a member of Ohio's North Coast Jitterbug Connection dance family and a dear friend for fifteen years. He was president of the club for five years and volunteered in numerous other capacities. He was always willing to lend a hand and share his smile. He gave the best hugs anyone could want, and when asked how he was doing that day, he always answered, "Just peachy." We traveled in the same social circle with great friends and shared much laughter and dance adventures over the years, including great times at Laconi's with a table full of friends. Jack loved his family and delighted in his grandchildren. And he was a pretty darn good golfer. I will miss my friend Jack....we will all miss him. But I know without a doubt that if I could ask him how he is right now, he would say "just peachy!" and I know it is so.

Until we meet again, Jack..... *Linda Rios*

I was shocked to read the ONCJC email about Jack on January 22, 2019. I read it several times to make sure that I didn't read it incorrectly. Then I realized it was Jack, our beloved former club president. My heart sunk. Over the next couple days my heart was still aching when I saw Jack's name appear on the club email header and the online obituary. I wished it was not real. I can't imagine that I won't see him on the dance floor any more. I am so sad to see you go, Jack.

I have some fond memories of Jack. I had never danced before and was very nervous when my friend Doris took me to the ONCJC dance club about 8 or 9 years ago. Jack taught me my first east coast swing dance on the third floor. He did such good job that I fell in love with it instantly. Ever since I dance it away my life is full of joy because of the dance.

When Jack gave me big hugs and commented on my dancing I made sure he heard me too: You taught me my first dance lesson and thank you so much.

I loved the closure of his speech when he was the president: Dance, and make a new friend.

Jack, you will be missed dearly. *Angie Jalics*

I wish  
to LIVE  
a life  
that causes  
my soul  
to dance  
inside  
my body.  
*dele olarubi*

# AMERICAN BOP ASSOCIATION

Dedicated to the preservation of Swing Jitterbug Bop Shag

## 10 Day Panama Canal round trip Ft. Lauderdale Caribbean Princess January 23 - February 02, 2020

### The Panama Canal Today

A major expansion completed in 2016 added the new Aqua Clara Locks on the Atlantic Coast and the Cocoli Locks on the Pacific coast, which can now accommodate larger ships to transit the canal. Caribbean Princess was among the first large ships to sail the Agua Clara locks

Watch from the Promenade deck or from your balcony as your ship is raised and lowered through the Panama Canal's lock system. Powered by gravity using water pulled from Gatun Lake and you'll be struck by the capacity of human ingenuity. Each historic lock fills with an astonishing 52 million gallons of water and measures 110 feet across and 1,050 feet in length, leaving a berth of only 16 inches on either side of your ship. While the new, expanded locks can accommodate larger ships, the process is equally as astounding. A Panama Canal expert will give a narration from the bridge as you transit, providing history

Falmouth, Jamaica 8 am - 5 pm

Cartagena, Columbia 7 am - 3 pm

Panama Canal 7 am - 3 pm

Cristobal 4 pm - 7 pm

Grand Cayman 7 am - 5 pm

Dance Questions:

Ask Lana Bloom

ABA Cruise Coordinator

lanabloom@comcast.net

615-758-5721

### Your American Bop Association Instructors:

Al Simmering- Las Vegas

Janice Mantia - St Louis

Steve & Kathy Day - Boiling Springs, SC

Additional Instructors to be announced

### Your American Bop Association DJ's:

Larry Huff - Alabama

Mickey Salomon - Nashville

Gary Jones - Jacksonville

Bud Waters - American Bop Association President

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